

Volunteer, and put your Faith in Action!

You can help your neighbors
with long-term health needs
keep their independence.

Faith in Action is an interfaith
volunteer caregiving organization
that connects volunteers to their
neighbors in need. Volunteers
bring light back into the lives of
those with long-term health needs
by providing assistance with
household chores, transportation,
and more.

There is a *Faith in Action* program
right here in our community that
needs your time and your talents.
Just a few hours can make a world
of difference.

FOR MORE INFORMATION, CONTACT:



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For someone with long-term health needs, something as simple as changing a light bulb can mean the difference between maintaining or losing independence. Thankfully, *Faith in Action* volunteers in our community and across the country are helping bring light back into the lives of those with long-term health needs.

Our program is part of *Faith in Action*, an interfaith volunteer caregiving program that is connecting volunteers to their neighbors in need. We bring together volunteers of many faiths to help people in our community with long-term health needs or disabilities maintain their independence for as long as possible by providing non-medical assistance with daily activities.

Volunteer activities include shopping for groceries, providing rides to medical appointments, cooking meals, doing light housework, running errands, and providing companionship through visits or phoning. Volunteers also may provide respite care and relief for family caregivers.

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