



- Social activities like coffees, teas, holiday prep., dances  
\_\_\_\_\_
- Friendly Visit  
\_\_\_\_\_
- Quilting, knitting, or sewing circle  
\_\_\_\_\_
- Transportation to functions (e.g., worship services, scripture study)  
\_\_\_\_\_
- Visiting care facilities or boarding homes  
\_\_\_\_\_
- Medical Equipment Lending  
\_\_\_\_\_
- Food pantry (outreach & for congregants)  
\_\_\_\_\_

- Support Group(s):
  - Men's only groups? If yes, for what purpose?  
\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_
  - Women's only groups? If yes, for what purpose?  
\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

- Game Nights  
\_\_\_\_\_
- Phone support or check-ins  
\_\_\_\_\_
- Adopt a Grandparent  
\_\_\_\_\_
- Transportation for essential services  
\_\_\_\_\_
- Hospital visitations  
\_\_\_\_\_
- Visiting homebound individuals  
\_\_\_\_\_
- Lending Library  
\_\_\_\_\_

- Youth groups? If yes, for what purpose?  
\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_
- Other  
\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

Are your staff or member volunteers trained and providing counseling for its members?\*  Yes  No

\*Volunteer caregiving does not provide this service.

If yes:

- For adults? \_\_\_\_\_  
\_\_\_\_\_
- For children/youth \_\_\_\_\_  
\_\_\_\_\_
- Youth groups? If yes, for what purpose? \_\_\_\_\_  
\_\_\_\_\_
- Areas of specialty like substance abuse, grief & loss, domestic violence, PTSD, etc. \_\_\_\_\_  
\_\_\_\_\_

- Exercise Classes  
\_\_\_\_\_
- Other  
\_\_\_\_\_

- Speakers Bureau  
\_\_\_\_\_
- Other  
\_\_\_\_\_

5. Does your congregation hold “work days” wherein members perform general facility maintenance or landscaping activities?  
 Yes  No
6. Do you have a volunteer team that assists older adults with projects (e.g., yard work, repairs, computer assistance, etc.)?  
 Yes  No  
 a. Is this an adult or youth team?  Adult  Youth  
 b. If so, who is the coordinator? \_\_\_\_\_  
 c. Does your coordinator support the recruitment, retention and renewal of your volunteer base?  Yes  No
7. Does your congregation volunteer or donate funds to community social service organizations?  
 a. If so, which ones?  
 \_\_\_\_\_  
 \_\_\_\_\_  
 b. If so, who is the coordinator? \_\_\_\_\_
8. Do you have any written policies or procedures that cover the activities performed by volunteers?  
 Yes  No  
 a. If yes, what types of activities are covered?  
 \_\_\_\_\_  
 \_\_\_\_\_  
 b. If none are in writing, are there any general rules or understandings that are identified?  Yes  No  
 \_\_\_\_\_
9. Do you have general and/or liability insurance coverage address or cover the activities of volunteers? *For example adults involved with children and youth, or the transportation of others on behalf of the church (youth programs, senior transport).*  
 Yes  No
10. Are there specific insurance company requirements that must be followed?  
 a. Enrollment of volunteers?  Yes  No  
 b. Sign-in requirements for specific activities?  Yes  No  
 c. Maintaining current copies of Drivers license & automobile insurance requirements if driving?  Yes  No  
 d. LiveScan background checks  Yes  No
11. Who assesses and tracks the needs of older individuals in your congregation?  
 \_\_\_\_\_  
 a. What needs are you prepared to respond to? \_\_\_\_\_  
 \_\_\_\_\_  
 b. What needs would you like to be able to respond to? \_\_\_\_\_  
 \_\_\_\_\_  
 c. Please comment on any of the following **obstacles that limit** your ability to serve seniors/people with disabilities:  
 Mobility \_\_\_\_\_  
 \_\_\_\_\_  
 Liability risk \_\_\_\_\_  
 \_\_\_\_\_  
 Coordination \_\_\_\_\_  
 \_\_\_\_\_

- Communication \_\_\_\_\_
- Community referrals \_\_\_\_\_
- Willing and available people \_\_\_\_\_
- Funding \_\_\_\_\_
- Other comments \_\_\_\_\_

12. Do you have support services for older adults or disabled individuals?

Yes  No

a. If no, what do you think your congregation needs to support this population?

\_\_\_\_\_

\_\_\_\_\_

b. What would you like to achieve in the next six months?

\_\_\_\_\_

\_\_\_\_\_

c. In the following year?

\_\_\_\_\_

\_\_\_\_\_

13. Identify the top 3-5 programs in terms of interest:

- \_\_\_\_\_ Case management for older adults
- \_\_\_\_\_ Faith in Action/Health Ministry support
- \_\_\_\_\_ 1:1 Matches
- \_\_\_\_\_ Phone friends to help decrease and prevent loneliness
- \_\_\_\_\_ Honey Do Crew
- \_\_\_\_\_ Building Bridges
- \_\_\_\_\_ Dementia Friendly Relief Volunteers
- \_\_\_\_\_ Hospital to Home
- \_\_\_\_\_ Transportation
- \_\_\_\_\_ Shop & Drop
- \_\_\_\_\_ Economic Solutions
- \_\_\_\_\_ More than 150 vetted community resources

14. Would your congregation benefit from partnering with volunteer caregiving to manage volunteer support for older adults?

Yes  No

Volunteers from the community serving congregants?  Yes  No

Volunteers from the congregation serving the broader community?  Yes  No

15. Do you have a Health Ministries Team? Does your congregation incorporate health education that is inclusive of the body, mind, and spirit?
- Yes  No
- a. If yes, for what ages? \_\_\_\_\_
16. Does your congregation offer workshops for parents in support of their children?
- Yes  No
17. Does your congregation offer workshops for adult children in support of their aging parents?
- Yes  No
18. Has your congregation expressed an interest in Health Education?
- Yes  No
19. Do you have congregants who would be interested in sharing their professional expertise as part of an educational program?
- Yes  No
- a. Would they like to collaborate in creating educational programs?  Yes  No
- b. Would they like to collaborate in a library of templates for education?  Yes  No
20. Can you identify healthcare professionals in your congregation who may have an interest in developing a health education program?
- Yes  No
- a. If yes, who are the healthcare professionals? \_\_\_\_\_
- \_\_\_\_\_
21. Would your congregation benefit from partnering with volunteer caregiving to start or manage a health ministry team?
- Yes  No
- a. If yes, who would be the congregational liaison? \_\_\_\_\_
22. Would your congregation benefit from having access to an online portal where congregants can sign up for volunteer caregiving assignments?
- Yes  No
23. Present CAREGIVERS Healthcare Continuum graphic, Office Team bios, and do you have similar information to share with us?
- Yes  No

Humans are composed of body, mind and soul. Faith Communities specialize in providing sustenance to the soul because we know that when the soul is out of balance, the body and mind are too and we suffer. It is also true that when the body or mind is out of balance, the soul of the person is too and we suffer. That is why inclusion of caring for the body and mind is so important. Please consider this when answering the following questions.



## Mission

- Values the dignity and worth of every person, recognizing that God created us as complex individuals composed of body, mind, and spirit.
- Promotes the health, well-being, dignity, and independence of homebound older adults
- Recognizes that Faith and Health are inseparable and that each person and congregation needs support in our individual and mutual journeys.

## Purpose

- Provide a safety-net for the congregation's older adults
- To support faith communities in health, safety, and end-of-life education
- Provide opportunity for service to the community

## Plan

- Allows for other opportunities to serve the congregation
- Educational opportunities
- Health education on various topics
  - Healthy Aging
  - Spiritual Pain
  - Advance Care Planning
  - Differences between hospice, home health and palliative care
  - Fall prevention
  - Medication management
- Provide resources offered throughout Ventura County and some in LA County
- Allows more security for the older adult —
  - Caregivers does a background check
  - Caregivers has insurance to cover the adult volunteer
- New adult volunteers for and from congregation
- Safety net for older adults in the congregation
  - Volunteers either from the congregation or from Caregivers
  - Case management to help ensure homebound older adult is safe and can stay in their home as they would like as long as possible
  - Transportation (in “normal” times)
  - Regular phone check-ins
- Provides extra support and opportunities for youth leader(s) and youth
  - Even if there are very few youth – an opportunity exists for 1:1 service for the congregation
  - Opportunity to meet other leaders and youth through virtual meetings
- Promotes intergenerational relationships where the individuals learn from each other
- Health ministry support
  - Healthy Aging