



WHAT IS VOLUNTEER CAREGIVING?

Volunteer caregiving offers assistance to seniors and individuals with mobility challenges in performing tasks like grocery unloading or changing light bulbs. It allows them to maintain their independence while also bringing enrichment to the lives of both the caregiver and the recipient.

NOW IS THE TIME TO HELP!

Volunteer Caregiving is celebrating its 40th anniversary of neighbors helping neighbors through the National Volunteer Caregiving Network (NVCN) with an estimated 350,000 volunteers nationwide. To mark this milestone, NVCN is aiming to recruit new volunteer caregivers who will dedicate one hour per week over 40 weeks, with the ambitious goal of reaching one million hours of service by the end of 2024 as part of their 40th-anniversary celebration.

JOIN THE
CHALLENGE

40

FOR

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#VOLUNTEERCAREGIVING
#FAITHINACTION
#NEIGHBORSHelpingNEIGHBORS