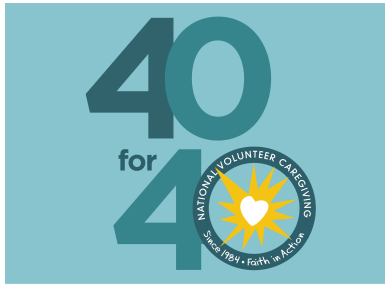


# 40 for 40 Campaign Social Media Guide



Neighbors Helping Neighbors  
Forty hours across forty weeks

This guide is to help you create posts to promote the 40 for 40 campaign on Facebook and Instagram.

Feel free to change the words to better reflect your organization. If you would like to make these more personal add your organization name after the word join. Feel free to add additional hashtags.

Double check everything copied correctly before posting.

Check back to see if we have added more posts.

## Sample Social Media Posts

Hey friends! Did you know that 40 hours of your time could change the life of a person with disabilities or an older adult in your community? Join the 40 for 40 Challenge and be part of this incredible mission. Sign up now to give back, and let's make a positive difference together!

[givebutter.com/40forvolunteercaregiving](http://givebutter.com/40forvolunteercaregiving)

#volunteercaregiving #neighborshelpingneighbors #makeadifference  
#volunteerchallenge



Join the 40 for 40 challenge and be a force of positive change in your community! Make a difference with just 1 hour per week for 40 weeks and contribute to ONE MILLION hours of service by the end of 2024. Sign up now and lend a helping hand to seniors and individuals with disabilities.

[givebutter.com/40forvolunteercaregiving](http://givebutter.com/40forvolunteercaregiving)

#volunteercaregiving #neighborshelpingneighbors #communityimpact



Volunteer Caregiving is all about lending a helping hand to seniors and individuals with mobility challenges. Join the 40 for 40 challenge and dedicate 1 hour per week for 40 weeks to make a meaningful impact on someone's life. Sign up today and become a part of this incredible journey!

[givebutter.com/40forvolunteercaregiving](http://givebutter.com/40forvolunteercaregiving)

#volunteercaregiving #neighborshelpingneighbors #communitysupport  
#volunteercare



Enrich lives through Volunteer Caregiving! We're on the lookout for caring individuals who want to make a difference in the lives of others. Volunteer Caregivers play a crucial role helping neighbors with daily tasks, fostering a sense of independence and connection. Ready to make a positive impact? Find out how you can become a Volunteer Caregiver and visit the link: [givebutter.com/40forvolunteercaregiving](https://givebutter.com/40forvolunteercaregiving)  
 #volunteercaregiving #neighborshelpingneighbors  
 #communityengagement #volunteercare



Join our Volunteer Caregiving Team! Are you Passionate about making a positive impact in the lives of seniors and individuals with mobility challenge? We're looking for compassionate volunteers to lend a helping hand with tasks like grocery shopping, changing light bulbs, and taking out the trash. Join us in fostering independence and enriching lives! Sign up today using the link: <https://givebutter.com/c/40forvolunteercaregiving>  
 #volunteercaregiver #volunteers #communitysupport



Calling All Volunteers with a Big Heart! Become part of our Volunteer Caregiving family and make a positive impact on the lives of seniors and individuals facing mobility challenges. By assisting with task like grocery unloading and light bulb changes, you're helping create a more independent and fulfilling life for them. Join us in spreading love and kindness! Sign up today using the link: <https://givebutter.com/c/40forvolunteercaregiving>  
 #volunteercaregiver #volunteers #spreadlove